

LOU'S EMPIRE BISCUITS



INGREDIENTS (MAKES 12 BISCUITS)

200g plain flour
150g Grahams slightly salted butter, chopped up
50g icing sugar
Additional flour, to dust
Nice raspberry or strawberry jam
Another 200g icing sugar
A few teaspoons water
Cherries, to decorate

DIRECTIONS

Preheat your oven to 180C (160C fan). Line a large baking tray with non-stick greaseproof paper.

Into a large bowl, weigh your flour and your butter. Rub them together between your fingers and thumbs until it turns into a breadcrumb kind of consistency. You can use a food processor for this if you like.

Add your icing sugar and continue to rub everything together. Using your hands or your machine, keep working your mix until it comes together into a dough. Once it's formed, wrap in cling film and chill for at least 5 minutes and up to 48 hours. The longer the better.

Roll your dough out using plenty of flour to stop it sticking. You can make it as thin or as thick as you like. Cut out with a cookie cutter or upturned glass - you should get at least 12 rounds out of it.

Bake on your baking tray for 10-12 minutes. Your biscuits should just be blushing brown on the edges, and no more. Leave to cool - at this stage they'll freeze well and keep for many days

To assemble, spread jam liberally on the underside of one round and stick on another one. Mix your icing sugar with enough water so that it is just gloopy - it's very easy to go too far, but you can just add a little more sugar. Spread this on top of your biscuit and lay a cherry on whilst it's still wet. These biscuits will be best about 24 hours after assembly, will freeze brilliantly and keep, in a sealed container, for many days., if you can make them last that long!