

## Volunteer with Prevent Breast Cancer

Whether you are looking to make a difference, gain new skills and experiences, enhance your CV or to boost your confidence and make new friends, there are numerous ways for you to become part of the Prevent Breast Cancer Team.



## About Us

Prevent Breast Cancer is the only UK charity entirely dedicated to the PREDICTION and PREVENTION of breast cancer. We are based at The Nightingale Centre – Europe's first purpose built breast cancer prevention centre. We support those affected by breast cancer through essential research that will one day create a breast cancer free future for all.

Volunteers play a vital role in the success of Prevent Breast Cancer. There are a number of ways you could volunteer and help us to prevent breast cancer. Turn over to read more about these opportunities.

## **Administration**

Help out with basic administration duties for one of our research projects such as filing, photocopying and database entries during office hours.

## **Bucket Collections and Bag Packing**

We have a team of volunteers who are available to help out at events throughout the year. We organise collections at football grounds, supermarkets and town centres and always need new volunteers who would be willing to hold collection buckets or pack shopping into bags at supermarket till points.

## **Christmas cards**

From September onwards help is needed to take our Christmas cards to various local libraries, check the stock and top up as and when needed.

## **Collection Box Volunteer**

You could join our team of volunteers who promote Prevent Breast Cancer within their local area and source new locations for our collection boxes, for example a pub, local store or hairdressers. You would be responsible for a number of collection boxes - regularly collecting them, replacing them and returning the full ones to the centre. No money handling would be involved as the collection boxes are brought back to the centre sealed.

## **Coffee Bar**

Help in The Nightingale Centre Coffee Bar, serving a variety of drinks, sandwiches and confectionery as a service to patients. Some food handling and working with hot water is involved as well as money handling. Full training would be provided.

## **Event Publicity Volunteer**

We rely on our volunteers to help out with the distribution of posters and flyers to support the promotion of some of our events or campaigns, for example our annual ball. This may involve going into large companies and distributing literature or visiting local libraries, coffee shops, hairdressers etc. It would be helpful to have the use of a car for this role (though not essential) and be willing to pick the literature up from the centre.

## **Event Volunteers**

Throughout the year Prevent Breast Cancer organises a variety of fabulous in-house events from our ladies lunches to sponsored walks. All rely on our volunteers to promote and assist with the organisation. All

volunteers play a vital role in the success of the event and help create a fantastic atmosphere.

Our 'in-house' events would not be possible without our dedicated volunteers. From dressers to waiters, from marshals to registration staff, there is nothing like the excitement of a live event.

### **Gardening**

Help maintain the gardens around the centre, including tidying the flower beds sweeping the internal courtyard and planting new bulbs and flowers. Some basic gardening knowledge is required.

### **Merchandise Stall Holder**

Assist the Charity by running a stall at an event, for example a Christmas Fair or such like. You would need to have the use of a car and be able to pick up the merchandise from the centre and return the unsold items at the end. If you would like to undertake this role but are unable to set up the stall, please still contact us as we do need more than one volunteer at most events.

### **Welcome Desk**

Meeting and Greeting patients and visitors in The Nightingale Centre.

The desk is operated by a number of volunteers on a rota from 9am to 4pm, Monday to Friday. There is also a shop within the welcome desk selling merchandise and gifts so some basic arithmetic skills are required.

### **Benefits to Volunteering:**

- Develop many skills
- Full training is provided
- Provide a service to patients visiting the centre
- Help raise funds as well as awareness towards preventing breast cancer
- Make new friends and join in the many social activities planned throughout the year

To discuss any of these roles further or for more information please contact the Prevent Breast Cancer Team on 0161 291 4400.